Desired state: Upside: _____ Upside: _____ Positive outcomes (What are the upsides of focusing on Polarity 1?) Positive outcomes (What are the upsides of focusing on Polarity 1?) Action steps Action steps Polarity 2 ⊲and⊳ Early Warnings What are the "red flags"/indicators that you are i the downside of Polarity 1? Early Warnings What are the "red flags"/indicators that you are i the downside of Polarity 2? Downside: Downside: Negative outcomes(What are the negative results of over-focusing or Polarity 1 to the neglect of Polarity 2) Negative outcomes(What are the negative results of over-focusing or Polarity 1 to the neglect of Polarity 2?) Undesired state: